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\$40 MILLION



Polish off your resumé

The coming Samsung solar plant is looking to hire some 200 workers

Homegrown underground

The founder of the London Indie Underground hopes its Wednesday night podcast will become a showcase for local talent

Go ahead punk, make my decor

Forget the safety pins: Punk rock themed accessories are one of the biggest trends in home decorating

Friday's **Jackpot**

NEWS WORTH SHARING.



Hotel surcharge back on the table

Tourism London. Money would help fund events, official says



SCOTT TAYLOR

With London's tourism economy treading water, the notion of a "bed tax" is being considered once again to raise cash to lure visitors.

One form or another of the tax — usually about three per cent tacked onto hotel bills is in place in at least 14 other Ontario cities, which pump the revenue into festivals and other crowd-friendly events. The notion has been bandied about before in London, but there's never been consensus on it.

That could soon change, said Tourism London general manager John Winston.

"We're hoping to put together a proposal to hotels in regard to this particular fund, the purpose of which is to basically

 Western University analyzed the idea of a hotel-room surcharge a few years ago and determined the fee could bring in \$1.5 million to \$2 million a year at three per cent, according to Tourism London's John Winston.

help fund events and activities that have the potential to put heads in beds," he said.

He stressed the money wouldn't be spent on advertising but on events. "It will help supplement the attraction, and that will, hopefully, attract more people to the event," he

He pointed to the recent Tom Petty concert at Budweiser Gardens as proof people will come to London for specific events. Most hotel rooms in the city were booked that night because of the show,

Clearly, something needs to be done because tighter restrictions for Americans crossing the border are adding to the tourism malaise.

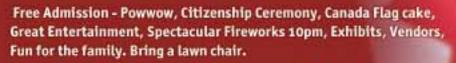
"The passport issue is involved," Winston said. "Americans have to have passports to go back to the U.S. Also, they're cutting back on personnel at the border so there are delays."

Tony Elenis, CEO of the Ontario Restaurant, Hotel and Motel Association, agreed a bed tax is a good idea. Unlike Winston, he thinks the money should be used to aggressively showcase the city, but only in certain sectors.

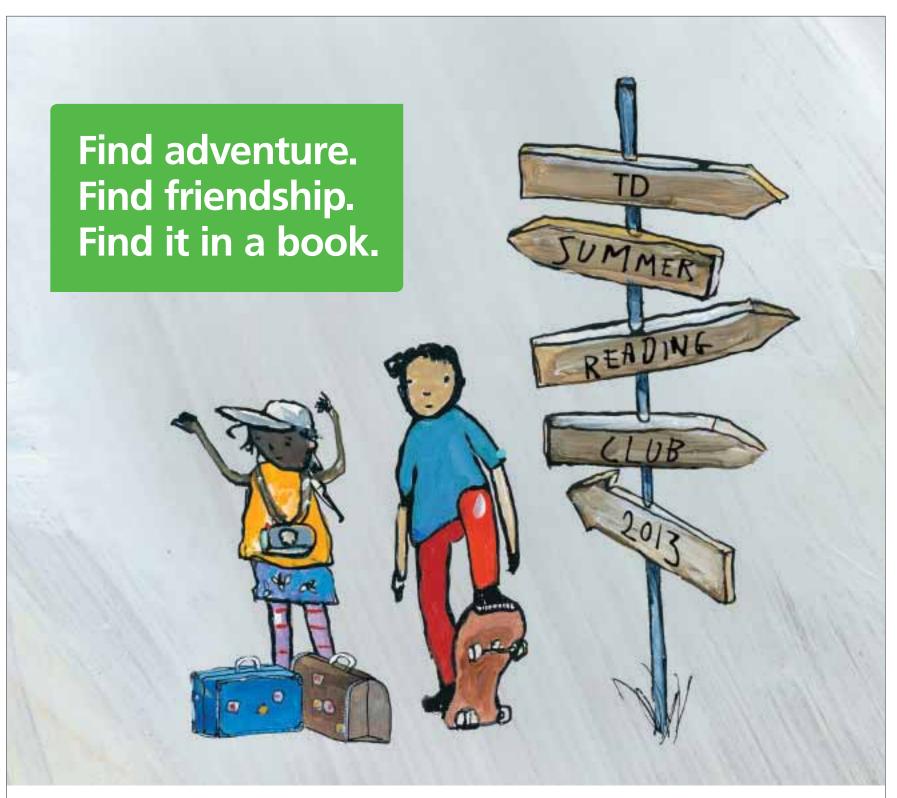
"Burlington went after the sports market and that went well," he said. "They looked at the hockey market and soccer and they figured out what kinds of tournaments are out there and they tried to bring

Elenis believes London is a natural for conventions because of the downtown conven-

London Celebrates Canada



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NEWS

0

Dundas Street

Suspect in Tuesday stabbing arrested downtown

Police have arrested the 24-year-old man wanted in connection with a Tuesday afternoon stabbing in east London.

John Huyzers was taken into custody at about 1:45 p.m. Wednesday at Queens Avenue and William Street. He was found by members of the police department's footpatrol unit.

Police started looking for Huyzers, who has no fixed address, shortly after a 31-year-old man was stabbed at 1042 Dundas St.

Investigators believe he knew the victim, who was taken to hospital and remained in critical but stable condition Wednesday afternoon.

Huyzers was arrested on a warrant for aggravated assault, break and enter and two counts of failing to comply with a probation order.

ANGELA MULLINS/METRO



Have information

Anyone with information is asked to call police at 519-661-5670, or Crime Stoppers at 800-222-8477.

Take me home, Great Lake Swimmers

With only a few weeks to go before it starts cranking out tunes in Victoria Park, the Home County Music and Art Festival has announced its full lineup of musical acts. The Great Lake Swimmers, pictured here, will headline the main stage on opening night followed by Sarah Harmer the next day. Some of the other performers are: London native Laura Smith. Toronto's Ken Whiteley, Home County alumnus Valdy, and workshops with groups such as The Good Brothers and The Sadies. Visit homecounty ca for the complete schedule. The festival runs July 19 to 21, courtesy of asli alin



Businesses need to get on board with LTC service gaps, councillor says

Transit. Employers asked to help staff travel to hard-to-reach areas



MIKE DONACHIE mike.donachie@metronews.ca

City businesses have been told to get more involved in getting their employees to work as the issue of public-transit limitations keeps on rolling.

It caused clashes at city council on Tuesday and council members acknowledge it's still a problem that jobs exist in areas where people can't ride a bus.

Coun. Paul Hubert, talking Wednesday, said London Transit Commission's funding set-up just doesn't work, and called for innovative solutions.

"The issue is that people can't get to where the jobs are, in particular the new jobs," he said. "It's really marginalizing for particularly two groups of people: Those who are maybe lower on the socio-economic scale and also those who are starting out, like students and kids coming out of high school. So how do they get to those new jobs that we're targeting?

"LTC has a financial model that doesn't work," Hubert said. "They can't afford to run buses with one person sitting on them

"We need to look at creative ways, innovative ways or extending the reach of our transportation system in conjunction with London Transit."

He said employers might

What they sai

- Council's marathon meeting on Tuesday discussed \$700 million of investment and building projects long into the night, but councillors still found time to exchange frank views on transit.
- Mayor Joe Fontana and Coun. Paul Hubert asked for employers to get more

getting workers to industrial areas, while Coun. Harold Usher defended LTC and said it's limited by its finances.

involved when it comes to

 Coun. Stephen Orser disagreed with those who say action is needed: "People that really want to work will get to work."

consider sponsoring bus or shuttle services or programs that see employees share cars for the commute.

Coun. Harold Usher, vicechairman of the LTC board, summed up the problem: "We can't accommodate everybody all the time" He said there are about nine industrial areas identified by LTC.

"They have to compete against other areas such as other unserved residential areas," he explained. "There are many unserved residential areas."

Minivan crash involving wrecking ball injures two



The people in this minivan were taken to hospital Wednesday afternoon after it collided with a construction crane carrying a wrecking ball on Clarke Road. SCOTT TAYLOR/METRO

An elderly couple were rushed to hospital before noon on Wednesday after their minivan swerved into the lane of an oncoming crane carrying a wrecking ball

The driver of the crane, who didn't want to give his name, said he was driving southbound on Clarke Road near Parkhurst Road when the northbound van drifted into his lane. He said it appeared that the driver's eyes were closed.

The crane operator, who is also a longtime volunteer fire-

fighter, attempted to treat the couple in the first moments after the crash.

"I went in through the windshield (which had been smashed), and I saw the man was unconscious," he said. "The woman was clearly in physical distress. Another guy came to help and he tried to take the man's pulse. He didn't feel anything the first time, but he found it on the second attempt."

A witness who lives in the area of the crash said she heard a loud bang and turned to see the van being propelled backwards.

"I thought it was being driven backwards, but that was from the impact," Helen Lee said. "I saw the man inside."

Clarke between Herbert and Parkhurst was closed as investigators worked on the scene.

The man driving the van had life-threatening injuries. The passenger's injuries were serious, but not life-threatening, police said.

SCOTT TAYLOR/MET

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Thursday, June 27, 2013

London. Number of grads on the rise: Census

So you think you're a wise guy, eh?
Well, if you're one of the

Well, if you're one of the 59.8 per cent of London-area residents 25 or older who had completed some form of post-secondary education by 2011, maybe you are.

The 2011 census results, released Wednesday by Statistics Canada, suggest that people living in the Forest City and surrounding areas rank right around the national and provincial average when it comes to education.

Nationwide, 59.6 per cent of Canadians reported earning a certificate, diploma or degree. That number provincially was 60.3 per cent.

While the area is fairly close to average in every education category when compared with the province and nation, we do create a little distance when it comes to earning college diplomas.

A full 80,000 — or 24.9 per cent — of the adult population boasted a diploma in 2011. That's more than the 21.6 per cent reported for the province and a noticeable hike above the country's 19.6

On the labour front

- The census data also delved into labour, including a look at how people get to work.
- In 2011, only 6.9 per cent of London-area commuters used public transit, compared to 14 per cent in Ontario.
- The average commute for local workers was 21.1 minutes, compared to 27.6 for the province as a whole.

er cent.

What may be most interesting in the census numbers is how each successive generation has been completing high school and attaining post-secondary qualifications in rising proportions.

Locally, 43.6 per cent of people 65 and older had a postsecondary credential in 2011, compared to 68.7 per cent of adults 25 to 44.

BMO Financial. Hospital gets open-ended cheque

BMO Financial Group has donated \$1 million to the London Health Sciences Centre.

The money comes with no strings attached, allowing the hospital to use the money for its "highest-priority" needs ranging from patient care to education.

BMO's donation, officials said, will allow some areas that don't receive a lot of donor support to get some extra attention.

About 80 per cent of all donations received through the London Health Sciences Foundation are designated by donors for a specific hospital project or program.

To honour the \$1-million donation, the study area outside the Sumner Auditorium in Victoria Hospital's North Tower has been named the BMO Solarium. METRO

Best of the best

Youth orchestra coming to London

The National Youth Orchestra of Canada is coming to London on July 25.

Under Orchestra London's music director, Alain Trudel, the orchestra is made up of musicians 16 to 28 years old. It's billed as the "best of the best" from orchestra and music programs across the country.

The London show will be at 7:30 p.m. at Centennial Hall. Tickets are \$10. Visit nyoc.org or orchestralondon.ca for details.

Health projects

Western gets research dollars

Two Western University teams will get a slice of \$33 million in research funding announced Wednesday by the Canadian Institutes of Health Research.

Researchers will use the money for two projects:
One looking for innovative solutions to chronic disease in First Nations communities and another examining the way primary health-care providers address patients with multiple chronic conditions were not provided to the provided the provided



YOUth to benefit from government boost

Jessica Wright, 21, of London, is one of the many people to benefit from the work of Youth Opportunities Unlimited (YOU). And now, the group's work will receive an extra \$380,000 in government money. The grant, announced Wednesday, is part of the federal Youth Employment Strategy and will help YOU's mission, which includes teaching job skills to young people. Wright has worked in the YOU Made It Café at Richmond and York streets since May 1.

MIKE DONACHIE/METRO

Samsung plant's jobs revealed

Sun good news. Skilled and semi-skilled workers to be in place by year's end for solar factory



MIKE DONACHIE

Do you know an out-of-work electrician, engineer or technician in the London area?

If so, the new Samsung solar-technology plant about to be established in the Forest City may have a job for them

City may have a job for them.

The Korean giant announced Wednesday that it will partner with Guelph-based Canadian Solar Inc. to open the factory in London. The an-

Quoted

"It's going to be a skilled workforce, and I think London certainly has a great workforce to draw from."

Colin Parkin, general manager of Canadian Solar

nouncement comes less than a week after government officials pledged the plant will be up and running by year's end.

London workers will make components for a solar-energy farm in Haldimand County. The work will include making solar panels and "medium-voltage power stations," Canadian Solar general manager Colin Parkin said.

"Both of those technologies require what we called semiskilled or highly skilled individuals — that's technologists, engineers, those types of jobs — and tradespeople like electricians," Parkin said.

There will be "competitive wage structures" for all workers, who will also include administrative staff and all support staff needed for a "full-service company," Parkin said.

The news of 200 jobs opening up to skilled and semiskilled workers comes almost a year and a half after the Electro-Motive Diesel plant on Oxford Street was shuttered by parent company Caterpil-

The background

- The plant is the last of four promised in Samsung's deal with the province.
- The Korean company first agreed to invest \$7 billion, but that was cut back to \$5 billion.
- It opened manufacturing centres in Windsor, Tillsonburg and Toronto.

lar, throwing nearly 500 workers out of work. Many were skilled tradespeople, such as tool and die makers, welders and electricians.

WITH FILES FROM SCOTT TAYLOR/METRO

SIU to investigate motorcycle collision

Ontario's Special Investigations Unit is examining the circumstances surrounding injuries sustained by a 25-year-old man who allegedly tried to flee from a routine London police traffic stop late Tuesday.

The SIU said in a release that police tried to stop a man on his motorcycle in the area of Wellington Road and Horton Street at about 9:50 p.m. Rather than pull over, it's alleged the

driver sped off in an attempt to elude police. A short time later, the motorcycle crashed on High Street near Wellington. The victim, whose name has not been released, was taken to hospital with serious injuries.

Police and SIU spokespeople wouldn't say if the motorcycle was being pursued at the time of the crash, citing the ongoing investigation.

The SIU has assigned three

investigators, two forensic investigators and a crash reconstructionist to the case.

A portion of High Street was closed to traffic for almost 12 hours on Tuesday and into Wednesday morning as the investigation continued.

Anyone who witnessed the incident is asked to call the SIU at 416-622-2314 or 800-787-8529, ext. 2314.

SCOTT TAYLOR/METRO

About the SIU

The Special Investigations Unit is an arm's-length agency that investigates situations in which death, serious injury or allegations of sexual assault arise after someone has had dealings with police.

metronews.ca Thursday, June 27, 2013

NFL bombshell. Patriots' Hernandez charged with murdering friend

New England Patriots tight end Aaron Hernandez was arrested and charged Wednesday with murdering a friend.

The bombshell development came more than a week after Boston semi-pro football player Odin Lloyd's bulletriddled body was found in an industrial park about a mile from Hernandez's home.

Hernandez was taken from his home in handcuffs on Wednesday morning,

Soon afterwards, the Patriots announced they had cut him from the team.

Prosecutors said the killing was borne of a dispute at a Boston nightclub on the night of June 14.

Hernandez was taken from the North Attleborough police station to his court hearing Wednesday afternoon.



Aaron Hernandez on Wednesday.

About two dozen supporters cheered, some yelling, "We love you, Aaron."

Hernandez's lawyer, Michael Fee, asked for bail, saying Hernandez is not a flight risk. The judge ordered Hernandez held without bail pending further proceedings.

The puck drops. Teen hockey player charged with on-ice assault

A 17-year-old hockey player has been charged with assault causing bodily harm after an on-ice incident.

It happened during a game in Woodstock, police said Wednesday. It's alleged a player was assaulted by another player.

"The decision to lay a criminal charge was not taken lightly and was based on an objective review of the evidence, including video evidence, and on factually based legal opinions from the Crown attorney's office," said Woodstock police Chief Rod Freeman.

The 17-year-old who is charged cannot be identified. He is to appear in court on July 11. THE CANADIAN PRESS

Pot of gold at the end of the rainbow ... flag

Historic decision.

Top American court gives same-sex couples a full array of tax, health and pension benefits

A marriage made in Toronto was at the heart Wednesday of a landmark U.S. Supreme Court ruling on gay marriage.

The top court struck down the Defense of Marriage Act on a historic day that also cleared the way for same-sex marriage in California.

The ruling on the federal U.S. legislation known as DOMA gives spouses in samesex unions a full array of tax, health and pension benefits.

The challenge to the legislation was spearheaded by 83-year-old Edith Windsor, a New Yorker who married her

President's choice

- U.S. President Barack Obama hailed the U.S. Supreme Court's ruling that people in same-sex marriages are entitled to the same federal benefits as heterosexual married couples.
- The court "has righted a wrong and our country is better off for it," Obama said

longtime partner, Thea Spyer, six years ago in Canada.

When Spyer died in 2009, the federal government cited DOMA to force Windsor, who's now ailing, to pay \$363,000 in taxes on her late wife's estate — taxes that wouldn't have been levied if she'd been married to a man.

Gay premier

Wynne tweets her happiness

Canada's only openly gay premier welcomed the historic U.S. Supreme Court "I am so happy for our neighbours to the south," Ontario's Kathleen Wynne posted on Twitter.

Wynne, 60, included a link to a video in which she talks about the day she married her partner, Jane Rounthwaite.

THE CANADIAN PRESS



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Canada at work

Statistics Canada released its second batch of figures Wednesday from its voluntary National Household Survey, looking at labour, education, the workplace, commuting, work language, mobility and migration. Here's a roundup of four things you need to know:

THE CANADIAN PRESS



Commuting

Some 15.4 million Canadians endure a daily commute to and from work, most of them behind the wheel. Four out of five commuters took a private vehicle, while 12 per cent took public transit, up from 11 per cent in 2006. The disproportionate popularity of driving in the age of climate change may boil down to a single factor: Time. Private-vehicle commuters spent an average of 23.7 minutes getting to work, nearly half the 40.4 minutes it took bus riders.

Post-secondary education

For the first time women have bypassed men in terms of post-secondary education, with 64.8 per cent of working-age women having a post-secondary education, compared with 63.4 per cent of men. Women accounted for 59 per cent of Canadians aged 25 to 34 with a university degree, compared with 47.3 per cent of their 55- to 64-year-old counterparts.





Temporary foreign workers

More than 330,000 workers live and work in Canada as part of the federal temporary foreign worker program — a number that has nearly tripled over the past 10 years, with the bulk of those job-seekers going west in search of work. The program was originally designed to attract skilled employees to address temporary labour shortages. The emphasis shifted in 2002 to low-skilled workers, such as those in the food and beverage industry, construction and retail.

Cyclists

The latest batch of data shows no difference in the percentage of Canadians who rode their bike to work in 2011 and 2006. That number remains unchanged at 1.3 per cent. That works out to 201,785 cyclists out of more than 15 million commuters. Another 880,800 commuters, or 5.7 per cent, reported walking to work



Pipeline safety. Feds announce measures to calm taxpayer fears

Major pipeline companies will have to show federal regulators that they have access to \$1 billion to cover the costs of an oil or gas spill, under new rules aimed at easing public concerns about pipeline safety.

Natural Resources Minister Joe Oliver said the federal government will also enshrine in law the "pol-

luter pay" principle for oil and gas pipelines to ensure taxpayers are not left on the hook for cleanup costs.

The new rules will apply initially to new pipelines that fall under federal regulation, but the requirement will be expanded to existing major oil and gas pipeline companies over a transition period.

THE CANADIAN PRESS

No takers so far on Trudeau's offer to refund speaking fees

Justin Trudeau has yet to pay back a dime of the publicspeaking fees he earned while sitting as an MP.

The Liberal leader promised 10 days ago to reimburse any group that feels it didn't get its money's worth.

But a spokeswoman says no group has sought repayment — other than the Grace Foundation, a New Brunswick charity that first sparked the controversy over Trudeau's past moonlighting on the public-speaking circuit.

And it's not entirely clear whether even the foundation still wants its \$20,000 back.

Kate Monfette says Trudeau last week asked the foundation to specify whether it wants its money back in cash or "some other arrangement," such as having him headline another fundraising event — for free, this time.

She says the foundation has yet to respond.

Foundation board member Susan Buck first wrote in March to the Speakers' Spotlight, the agency through



which Trudeau was hired for a June 2012 fundraising event, to seek a refund on the grounds that the event actually lost money.

The letter wound up being circulated by Prime Minister Stephen Harper's office earlier this month and became fodder for a concerted Conservative offensive against Trudeau

for taking money from charities rather than donating to

Trudeau voluntarily disclosed last February that he's earned more than \$1.3 milion on the public-speaking circuit since 2006, including \$277,000 from 17 groups since he was first elected in 2008.

THE CANADIAN PRESS

Alberta floods

High River evacuees still stranded

The Alberta government says any return by residents to the town hardest hit by flooding is still days away. The mayor of High River had suggested that a timeline to go back was close, but Rick Fraser, the government member appointed to oversee the town's recovery, said Wednesday that it was still being finalized. Crews are still working, he said, to restore basic services.

Assault charges

Driver attacked by sword-wielding pedestrian

A 25-year-old Pickering, Ont., man is facing charges after a pedestrian pulled a sword from his pants and threatened a driver he'd accused of blocking a crosswalk. The motorist suffered minor injuries. Mudasser Sheikh is charged with two counts of assault with a weapon.

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RetailMeNot offers **Canadian website**

Online deals. Coupon destination aims to create 'more relevant' experience for buyers north of the border

Some savvy shoppers never complete an online purchase before launching a quick search to see if any moneysaving coupons are available

The option to insert a coupon or promo code during checkout is a good hint that the e-tailer may be offering discounts to those in the know.

In the U.S. and other markets around the world, Retail-MeNot - which logged more than 450 million visits globally in 2012 — is a top destination for finding those coupons.

And plenty of Canadians have also been using the search tool, even if it wasn't set up to offer discounts in Canada.

On Wednesday, the com-



pany announced the launch of RetailMeNot.ca, to better serve the scores of Canadians that have already been using the site in search of deals.

"We should've been here probably a while ago," said head of communications Brian

"We've had millions of visits from Canadian consumers coming to the U.S. site and quite frankly we were offering them a sub-optimal experience. Now we've created something that's more relevant to them."

Canadians who visit the site will see coupons and specials from retailers including Aeropostale, Banana Republic, J.Crew, Lowe's, Roots, Sears and Starbucks. Some of the deals aren't exclusive to the site and are the same specials consumers would see in a flyer or at a store's website.

THE CANADIAN PRESS

Booze. Sousa won't rule out corner-store alcohol sales

Finance Minister Charles Sousa isn't shutting the door to selling alcohol in convenience stores — a move the governing Liberals have long opposed.

Asked repeatedly Wednesday whether he'd allow convenience stores to sell booze, Sousa wouldn't rule it out.

He said there are no plans to change the structure of the Liquor Control Board of Ontario, which turned over \$1.65 billion to the province last year.

The Crown corporation is expanding its reach by setting up what it calls Express outlets inside 10 grocery stores, as well as adding more retail stores, Sousa said. But he'll always keep looking at alternatives that would support Ontario's

Sousa's comments came after Mac's Convenience Stores said it would create 1,600 fulltime jobs if its Ontario stores were allowed to sell beer, wine and spirits. THE CANADIAN PRESS

Market Minute





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Storage-Mart #3001 328 Commissioners Rd. W, London, ON | Friday, July 19, 2013 @ 10:45 am Units: Unit 1333A Michelle Nelson

Storage-Mart #3002 1020 Wonderland Rd. S, London, ON | Friday, July 19 2013 @ 11:30 am Units: # 1039 Barbara Ansell, # 1046 Kevin O'Reilly , # 3052 Jason Uttley

Storage-Mart #3004 155 South Edgeware Rd, St.Thomas, ON | Friday, July 19, 2013 @ 1:00 pm Units: Unit 530 Mary Den Dekker

Storage-Mart #3037 597 John St. N., Aylmer, ON | Friday, July 19, 2013 @ 1:45 pm Units: Unit 215 Chay Welch

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- * FANFARE CIOCARLIA (Moldow)
- * CALYPSO ROSE (Tirridad & Tobugo)
- ★ CANZONIERE GRECANICO SALENTINO (Iuly)
- ★ FATOUMATA DIAWARA (MJ)
- ★ CHICO TRUILLO (CHA)
- * ANTHONY JOSEPH & THE SPASM BAND (UK)
- * HASNA EL BECHARIA (Algeria)
- ★ LOS VEGA SON JAROCHO (Mexico).
- ★ REY VALLENATO BETO JAMAICA (Colombia)
- * PALO CRUZAO (Colombia)
- * CUSTÓDIO CASTELO (Portugal)
- * MUSIC MACHINE WITH RAMON VALLE (The Netherland)
- * TRAEBEN (The Netherlands)
- ★ AMINA FIGAROVA SEXTET (USA/The Netherlands)
- * RÉMI PANOSSIAN TRIO (France)
- * LONG SHEN DAO (China)

CANADIAN-BASED GUEST ARTISTS & CULTURES/STYLES REPRESENTED

- * BRIGA (Eastern European/Romany)
- * PATRICIA CANO (Afro-Penvian/Breatlan/Jezz)
- ★ BOOGAT (Urban Electronica/Experimental Latin Groove)
- * FIVE ALARM FUNK (Alsohark/Party Groove)
- * OUIQUE ESCAMILLA (Tred Mexican w/Rock, Regges, Ska, etc.)
- * SILK ROAD (Chinese-Western Fusions)
- * ROMMEL RIBERO (Bosslan Guter)
- * KLEZTORY (Kleimer)
- * HURLEVENT (Progressive Québécois Folk)
- * SONIA JOHNSON (Multimoual Jazz Charmouse)
- ★ GENTICORUM (Tred Quebécois Folk)
- * LAURA FERNANDEZ (Latin Juzz Originals)
- * THE HEAVYWEIGHTS BRASS BAND (Old School Funk & R&B w/New Orleans Street Jazz)
- * THE LULA ALL-STARS (Toronto's Salius Super Group)
- * DRUMHAND (Alican/Latin/Global Jazz)
- ★ SAMBA SQUAD (Brazilian Drumming)
- ★ LAZO (Dominican Ressure)
- ★ SE(CYA REVISITED (Progressive Soul/Acid Jazz)
- ★ SACHA WILLIAMSON (Classic Soul/Urban Jazz)

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metroews.ca metronews.ca Thursday, June 27, 2013

TAKE THE ROAD LESS ARGUED

As I get older, I fear I may be slipping into the deep, dark abyss of bright, easy vacations.

The horror, the horror.

I'm in Amsterdam at the moment, and it's about as easy as it gets, unless you're allergic to bicycles, fear small serving sizes and can't tolerate tolerance. (Toronto Mayor Rob Ford would hate it here.)

I've always prided myself on my ability to fling myself into strange places with just a tent and a backpack and my wits — all three smaller than you might imagine. But more and more often when I travel I find myself striving for the easy way in. Niagara Falls, not Victoria Falls. Hotels, not hostels.

It makes me vaguely sad, and has me worrying I'll regress into that guy on the tour bus with the Hawaiian shirt asking if "you all get McDonald's around here."

I've been having a running debate with myself during this trip about the "right way" to travel. If you've never been to the Munk Debates, it's just like that. If you have been to the Munk Debates, never mind.



HE SAYS

John Mazerolle
metronews.ca

It goes like this

Easy: Vacationing should be easy, duh. That's why it's called a vacation. Probably. I'm lying here on vacation and I'm too lazy to look it up.

Hard: Get up you sack of suet. Travelling should be a challenge. I can relax at home. I see Facebook cover photos of people's toes on beaches and their feet scream at me like Chekhov's gun. Use them before it's too late!

Easy: Gee, you sound like a blast to travel with. If you have the means to enjoy yourself, do it. Don't deny it because of some misguided need to feel cool. You're like the guy that orders suicide wings just to say you did, even if it's as enjoyable as getting a live chicken to peck at your face.

Hard: At least that's a story to tell. You have a whole world to explore, full of wonders and dangers and excitement, and when you come back all you'll be able to say to people is that it was "nice."

Easy: It isn't always easy. I just paid four euros for 200 milliliters (ml) of Pepsi. Who wants 200 ml of anything?

Hard: Well, that's certainly worthy of Jacques Cartier. Do you

think you'll be OK?

Easy: You're such a snob.

Hard: Snob? Easy: Snob.

(Reminder: Just like the Munk Debates.)

Easy (cont.): You treat travelling like a private club, where the only people deemed worthy are ones who have seen enough to be considered cool, like there's a velvet rope around developing countries or something. I don't need a VIP ticket to see the Earth, snob.

Hard: You know what's snobby? Expecting to be waited on hand and foot by people making crap money while you lounge around doing nothing. All you need is a vomit bucket and you're Julius Caesar. And from what I've heard about cruise ships, you might need that bucket.

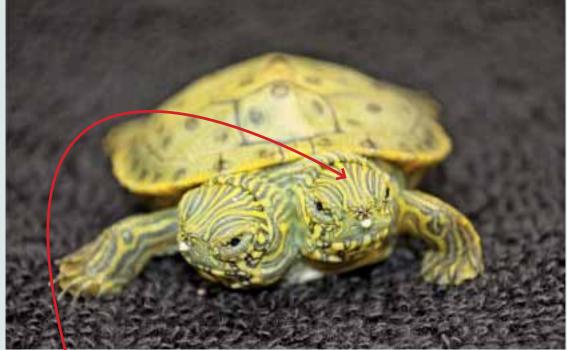
Easy: I don't want to argue anymore. I'm on vacation. Hard: I'd rather be challenging myself anyway. Let's get a drink

Easy: 200 ml of Heineken would go down easy. You're paying. Hard: That's what I'd prefer.

(Reminder: If you'd like a transcript of this important debate, you should get out more.)

ZOOM

One way to get ahead in life



SAN ANTONIO ZOO/THE ASSOCIATED PRESS

Two-headed turtle makes its debut

Thelma and Louise, a twoheaded Texas cooter turtle, is seen at the San Antonio Zoo. Zoo officials on Tuesday said the Texas cooter was born June 18. The turtle was one of several Texas cooters born this month at the zoo, but the only one with two heads. The zoo is no stranger to two-headed reptiles. The facility was home to a two-headed Texas rat snake named Janus from 1978 until the creature's death to 1995.

THE ASSOCIATED PRESS

Let's put our heads together

 Zoo spokeswoman Debbie Rios-Vanskike said the two-headed turtle appears healthy and is able to swim and walk.
 She savs experts at the zoo don't foresee any health issues for Thelma and Louise, named for the female duo in the 1991 Oscar-winning road movie of the same name Clickbait



Are you tired of composing text messages with 26 measly letters and a few punctuation marks? Give these apps a spin to add some visual flair to your texting game.

Emoji:

While most North Americans are familiar with the iconic (-: smiley face, Japanese texters have taken pictographs to a whole new level.

Newer iPhones actually have a builtin emoji keyboard (you just have to enable it under the international keyboards setting), but there are a host of apps available for Android users and Apple laggards.

SMS Rage Faces:

Popular on social sites like Reddit and 4chan, these pictures can be used to express the full gamut of online emotion, from rage at reading the comments section to the shock and awe of a cute cat

Twitter

@metropicks asked: Coca-Cola will try to get Brits to swap their morning coffee for pop. Would you make the switch?

@theunshakable1: Why? The British bad teeth stereotype isn't bad enough? Really trying to drive that point home...

Similar to Rage Faces, this app lets you copy and paste all kinds of unicode emoticons into your texts. From Big Ears Sad Look to Hitler Look Of Disapproval. there's something for everyone.

gif. The iOS edition even integrates

Look of Disapproval:

on top of your friends' faces.

with your camera to let you stick pics

@FrenchmanCanada: Totally! I've always wanted to be morbidly obese and contract diabetes.

@LauraBabcock: barf

@GiseleLumsden: Really? Eww

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WE WANT TO HEAR FROM YOU: Send us your comments: londonletters@metronews.ca



Taking over the airwaves

London Indie Underground. Podcast shines the light on city's budding talent



BACKSTAGE PASS Mila Petkovic london@metronews.ca

The idea was born out of frustration.

"I was frustrated for these great bands in the area that people didn't know about and weren't getting any type of coverage. So we started up this podcast with the sole purpose of showcasing local talent," says Jimi James, London Indie Underground (LIUG) podcast creator and founder of The Vault Recording Studio.

The first of its kind, LIUG promotes London and Southwestern Ontario independent artists, bands, scene contributors and local personalities. The podcast streams live performances and interviews from James' studio from 8 to 10 p.m. on Wednesdays.

Now, the show's being opened up to the public.

Around town

- Tunes. Sunday at the APK (347 Clarence St.) features a jam-packed bill of experimental noise music with Panties, Staph, The Economy, Suangi, Hooray For You, Clinica Psychosis and New Zebra Kid. Doors open at 9 p.m. and cover is just \$5.
- Art. L'Éveil de la Tristesse is an art exhibition by Michelle Ellis that strives to dissolve the stigma around mental illness. It's on at The Arts Project (203 Dundas St.) until July 6.



"We're sincerely hoping that Wednesdays will become live music, social and networking nights," says James, who is also the drummer for Two Crown King.

"It's my opinion that we have the best collection of homegrown talent here in London," says James, who moved to the city from North Bay in 1999 to study computer engineering at Fanshawe College.

The Ontario Institute of Audio Recording Technology and the Music Industry Arts program at Fanshawe brings many aspiring producers and musi-

cians to London.

Some very talented bands have come out of those programs, says James.

He lists off names like Oh Geronimo, Texas King and the Baxters.

"But there are not many commercial options available in the market except for CHRW, and the local radio stations offer limited support. And we have lost a lot of live music venues in London," says James.

The podcast is now averaging 300 to 500 listeners. When Kittie — an all-girl metal band — came on the show, hits

peaked at 1,000.

"The most rewarding thing is that bands have been afforded other opportunities like booking shows," says James. "Some bands told us it's the first time they received any real play or radio promotion."

James was also approached by CHRW Radio (94.9 FM) to take the show onto the station, which broadcasts from Western University.

That show runs every Friday from 3:30 to 6 p.m.

"We need more industry support for musicians," he says. "The way you inspire talent is by giving them opportunities."

If you tune into upcoming podcasts, you'll hear the bands The Unreal, The Cobrahawks, Fault Of Mine, Breaching Vista, Gypsy Ghosts and Lee Rogers and The Rough Seas.

The LIUG is also hosting a grand-opening fundraiser July 13 at The Vault Recording Studio (538 Adelaide St. N.). The night will include live music by The Cobrahawks, Anu Beginning, Tandem Eagle, Texas King, The Creekside Strays and Marcellus Wallace.

Doors open at 8 p.m. and cover is pay what you can.



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1. THE OCEAN AT THE END OF THE LANE Neil Gaiman

A moving story of memory, magic and survival from the masterful Neil Gaiman. The Ocean at the End of the Lane is told with a rare understanding of all that makes us human and shows the power of stories to reveal and shelter us from darkness, inside and out.

Last Week: 1 / Weeks on List: 2



2. INFERNO Dan Brown

In the heart of Italy, Harvard professor of symbology Robert Langdon is drawn into a harrowing world centered on history's most enduring and mysterious literary masterpiece – Dante's Inferno.

Last Week: 2 / Weeks on List: 5

This Week	Last Week	Weeks on List
★ 3. EYE OF GOD James Rollins	-	1
4. THE GREAT DEGENERATION Niall Ferguson	4	2
5. REVENGE WEARS PRADA Lauren Weisberger	5	4
6. ZERO HOUR Clive Cussler	6	5
7. SILVER STAR Jeannette Walls	3	3
8. ONE HEART TO WIN Johanna Lindsey	8	3
★ 9. BEAUTIFUL DAY Elin Hilderbrand	-	1
10. DELICATE TRUTH John Le Carré	10	8
11. THE SECRET RACE Tyler Hamilton	11	2
12. FLIGHT OF THE EAGLE Conrad Black	12	6
13. KILL ROOM Jeffery Deaver	7	4
14. WAITING TO BE HEARD Amanda Knox	14	2
15. TRANSATLANTIC Colum McCann	15	4
16. WILD Cheryl Strayed	16	13
17. LET'S EXPLORE DIABETES WITH OWLS David Sedaris	17	10
18. RED SPARROW Jason Matthews	18	3
19. BEST KEPT SECRET Jeffrey Archer	9	9
20. DOUBLE CROSS Ben Macintyre	20	7

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Sitcom veteran's return will make for a good Knight

The Exes. Seinfeld's Newman and Jurassic Park's Dennis Nedry may define Wayne Knight but there is more to his career and him than those nasty guys

MATT PRIGGE

Metro World News in New York City

Wayne Knight's legacy is sealed, thanks to two major contributions to 1990s culture: Newman on Seinfeld and greedy Dennis Nedry in Jurassic Park. Knight returns to sitcom work with TV Land's The Exes, now starting its third season, which also reunites him with his Third Rock From the Sun costar Kristen Johnston. But like many old workhorses, there's more to him, including films, shows and Broadway work. For instance, did you know he was on a 1980s sketch comedy show with Emma Thompson?

What's it like returning to sitcoms?

Basically the nature of the job is equivalent to stealing. Once you've learned how to pilfer, you remember how to do it, it's highly profitable, and it takes little effort.

You've said one thing you like about your Exes character is he's a bit opaque, and you can play him in different ways.

This season we get to see a bit more variance. We peel away revelations about what his marriage was like. There's depth to him that doesn't show all the time. There's broadness at times. There's cynicism. It just depends on where he is in the plot.

Do you consciously try to avoid some of the darker tones of Newman or Dennis Nedry?

It's more in the public's eye than mine. I don't know if I'm as versatile as I'd like to pretend (laughs). The thing is if you play two iconic characters who are evil guys, if you do it well, then that's what people want to see you do. I spent 19 years trying to change that, but after awhile you just go, "Oh, whatever."



Do you have a strong rapport with your cast mates?

Everyone assumes that when you're doing a show with people, you're intimate and you're going to go over to their house and you go out on a boat together. That's not necessarily the case. Often times you'll have the wolf and the sheepdog thing — "Hi, Ralph," "Hi, Fred." Then you go home. I find that everything on this set gets along. We have great respect for each other.

You started as a serious stage actor when?

I came to New York at 23, and was on Broadway for this play Gemini, which was a comedy. I honed my chops over three years of doing that play. What was fascinating to me (was) learning how an audience works. You just learn these things about comic timing.

One of your earlier shows the 1985 British-American sketch comedy Assaulted Nuts — had you working with Emma Thompson. What was the experience of that show? It was an interesting thing

the experience of that show? It was an interesting thing, partly because Emma Thompson was in it. This was before she became Dame Emma. We're still friends, because I just think when you find somebody like that you try not to let them go. It was three British actors and three Americans and it was airing simultaneously on Cinemax and Channel 4 in Britain. It sunk in the middle of the ocean, because you're trying to combine British and American sensibilities. I don't know if it worked, but it was fun to do.

As far as films, you were in two separate Oliver Stone movies: Born on the Fourth of July and

I had very little to do in Born on the Fourth of July. I had to push Tom Cruise into the Democratic Convention with John C. McGinley. We did this improv as we were shoving him through. I think Oliver was impressed I kept up with John C. He's just a verbal gymnast.

What was Stone like?

It's kind of like if you drank a bottle of booze and woke up from a fetid, sweaty dream, and there was somebody in the room. That would be Oliver Stone (laughs). You respect him and are frightened of **SCENE**

Keep fit, have fun and win at all costs with Body Break

The Amazing Race Canada. Married pair who spent 25 vears encouraging Canadians to be fit compete in the frantic, stressful reality show

For 25 years, Hal Johnson and Joanne McLeod have been a relentlessly cheerful presence in Canadian homes through their brief Body Break fitness vignettes - chipper little missives designed to get Canucks sweating with a smile.

Well, now that the couple has signed up to be contestants on the intense cross-country competition The Amazing Race Canada, things might change. Viewers will now likely see Johnson and McLeod when they're exhausted. And when they're stressed. And perhaps even when they're — gasp fighting?!

"It's funny with social media because there's been so many people tweeting and putting on Facebook and that sort of thing:

'Are Hal and Jo going to fight? I don't want to see them fight!"" said Johnson with a laugh in a recent interview prior to taping the reality series, seated next to a smiling McLeod. "You know, I think the biggest thing is we respect one another first.

We don't do that in our real life," agreed McLeod.

"So what you see in Body Break is certainly a part of us. It's not all of us," added Johnson. "You're going to see us tired. You're going to see us in different situations that we've never done before. But I don't perceive that we would fly off the handle — because I just never do that."

Indeed, the couple is speaking several weeks back just prior to taping of the race-aroundthe-country competition (the show premieres July 15 on CTV). In the adjacent room, the pairs that Johnson and Mc-Leod will face off against are scattered about, sitting quietly under strict instructions not to speak to each other. It's a tense

Johnson and McLeod are all smiles. They said taking this challenge on seemed

"But I don't perceive that we would fly off the handle — because I iust never do that."

Hal Johnson, husband of Body Break

partner Joanne Mcleod. On why him and his wife won't argue during The Amazing Race Canada.

like fortuitous timing, given that they're celebrating a quarter-century of Body Break. Similarly, Johnson and McLeod have spent their lives trying to inspire Canadians to activity and now they see an opportunity to prove what's possible at an, ahem, advanced age. Johnson is 57 and McLeod 54, and they have something to prove.

There are some teams in this race that their cumulative age does not add up to mine," laughed Johnson, who played college baseball for the University of Colorado. "Really, it's about showing that it doesn't matter how old you are. You can go out and do anything.'

Listening to Johnson and McLeod strategize, it's clear they intend to win. Johnson also points out that they've been plastering their clothes and gear with the Body Break logo, to increase the odds that they're recognized and - they hope - helped along by starstruck fans in a way that other teams wouldn't be.

The show's executive producer, John Brunton, marvels that the presence of the pair represents "spectacular casting," calling them "special (and)

Still, he shrugs off the idea that their celebrity could give them a leg up in the competition, where bewildered competitors often have to rely upon the kindness of strangers for a nudge in the right direction.

"I think it can work to your advantage and disadvantage sometimes and some people might want to send them on a wild goose chase because they might get a kick out of it, and others might want to help them," said the Insight Produc-

"Certainly, the other teams have made it perfectly clear they want to kick their ass. And Hal and Joanne aren't



exactly spring chickens either. They're getting on a little bit. They're not exactly senior citizens, but they're inching their way there. And we have some young bucks that think they can run faster.'

Among the young bucks are the duo of 28-year-old David Schram and 32-year-old police officer Jet Black, a twotime North American Physique champion. But, growing up as they did in the late '80searly '90s, they had only love for the famous Body Break

"They're a team that I would love to work with — they seem nice," Black said, smiling. "Are they a team that's going to want to work with us? I doubt it. They have an image to uphold. We're going to weigh them down. ... It's a sad reality." THE CANADIAN PRESS

party-goers in the back may not stay so smiley if Courtney

aim her ammo at them, GETTY IMAGES

No Love lost between Courtney and the world

Unfinished legacy.

The rocker has choice words for promoters, former bandmates and, well, just about evervbody else

When interviewing Courtney Love, you don't want to upset her, especially within the first minute.

begin innocuously enough by asking about her current tour, which we saw listed on one venue's website as, "Courtney Love performing songs from Live Through This, Celebrity Skin & Nobody's Daughter including Violet, Miss World, Celebrity Skin, Malibu, Skinny Little Bitch & More!"

This is news to her, and she vows to let the responsible parties know her thoughts. "I'm

You've been punked

"If you want to see something really miserable, watch that Pixies reunion frickin' documentary."

Courtney Love

gonna tear someone's f-ing head off," she says.

Through all of the tangents the rest of the call takes — and it takes many, from Rod Stewart to investment strategies she keeps returning to this new info. And whatever commentary isn't about how her show was advertised is peppered with similar bitterness.

"If you want to see something really miserable, watch that Pixies reunion frickin' documentary," she says at one

Love insists this tour is not a greatest hits show. She says she has an album's worth of new material recorded and will be

Go on, take everything!

- Love says that since her last full release, the 2010 Hole album Nobody's Daughter, she has given up the Hole moniker and the idea of any sort of reunion with the formative lineup, which included drummer Patty Schemel, guitarist Eric Erlandson and bassist Melissa Auf der Maur.
- "I would be happy as much as I love Shawn (Dailey, bassist) — to take Melissa back, but Melissa

does it, and I'm not doing it with Eric," she says at an uninterruptible pace. "I just won't do it. The guy went into my storage, took 74 guitars out of storage, took my entire backline, which is Kurt's backline, so one side says Hole, the other side says Nirvana. ... I'm about to start pressing charges against him on like, robbery, a whole bunch of criminal matters. ... I really can't envision touring with that a-hole, so that's the

won't do it unless Eric

drawing from those songs.

"I'm not playing the singles though, which are the funnest ones," she says. "I don't want them to leak."

So if the only new songs she's playing are not the socalled funnest ones, how does she stay fresh?

"I stay fresh and dainty all the time, and I'm really good at taking baths," she jokes, picking apart the phrasing of this reporter, "but beyond that, I'm not ever going to do that oldies circuit thing ever."

metronews.ca Thursday, June 27, 2013 metr⊕ 12 **SCENE**



Aniston engagement on the rocks over **East Coast row**

Wedding bells may not be ringing after all for Jennifer Aniston and Justin Theroux, as their marriage plans have reportedly stalled due to a dispute over where to live, according to Radar Online.

'He suggested the couple could live in New York City part-time, no more than six months a year," a source

"Justin misses the Big Apple and his friends. His entire life was in New York, and he uprooted his entire life to move to L.A. to be with Jen. He thinks it's time Jen start to compromise, but she is absolutely refusing to live on the East Coast, even part-time.'

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES





Brown continues bumbling his way around

Jeez, rough week Chris. Just two days after being accused of assaulting a woman in a San Diego nightclub, Chris Brown has been charged with a hit and run as well as driving

without a license by the Los Angeles City Attorney's office, according to E! News.

On May 21, Brown allegedly struck another car but refused to give his driver's license number and fled the scene.

His arraignment is set for July 15, and he faces up to six months in jail and a \$1,000 fine for each offense. It's unclear how the new charges will effect Brown's ongoing probation for his assault of Rihanna.

FRIDAY, JUNE 28



No acting experience, no problem

Victoria Beckham thinks her husband, David, can do anything — even be the next to play James Bond. "I think you would be

really good at acting. I think you'd be great," Victoria tells David during a joint interview with Chinese news station CCTV. "I think he should be James Bond. He'd

be a good James Bond." David isn't so sure another career is exactly what he needs right now, though.

"I have some friends who are actors," David says. "Tom Cruise is a very good friend of ours. But I don't think I have any plans to become an actor. I'm not sure I'd be very good at it."



Klum committed to making Seal extinct

What's more final than a divorce agreement? How about getting a tattoo removed. Heidi Klum is apparently really,

truly done with ex-husband Seal, as recent photos of the model seem to show that she is in the process of removing a tattoo on her forearm that she got in 2008 to commemorate their fourth anniversary, according to Splash News. The tattoo is a stylized

design of Seal's name, along with the initials of the three children they





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Avion offers unmatched travel benefits with a policy of "any flight, any airline, anytime."

"Clients can easily redeem their points for travel even during peak times like March break," Metrick says. "There are no blackout periods or seat restrictions. And your points won't expire, so you can save up for a really big trip if you choose. This really resonates with our cardholders."

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"Our customers are busy people who appreciate ease and convenience, but they also want flexibility and choice when it comes to redeeming their RBC Rewards points for travel and other rewards," Metrick says.

Clients have the option of converting points to WestJet dollars, British Airways Avios, American Airlines AAdvantage miles, Cathay Pacific Asia Miles, Shoppers Optimum Points, or Esso Extra Points.

Another advantage is the ability to earn bonus points for any travel-related purchase (flights, hotels, car rentals, etc.).

"Instead of the usual one RBC Rewards point for every \$1 spent, you get an extra 25 per cent for travel purchases," Metrick says.

"Customers can earn points even faster when shopping online through the RBC Rewards eMall, an exclusive e-commerce site where they can access more than 250 Canadian and U.S. retailers and earn points up to five times faster."

"Avion also provides great opportunities to use points for merchandise, gift cards and RBC financial rewards," Metrick adds.

For example, a customer can convert their points to top up an RRSP or pay down an RBC loan or line of credit.

"It's this kind of flexibility that really puts Avion cardholders in the driver's seat."



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metronews.ca Thursday, June 27, 2013 **STYLE**

Wave goodbye to boring

You've got it **braid.** Sweating the summer 'do dilemma? Weave together a Hollywood mane-stay and every hipster's must-have hairstyle.

CHADHA

You love the Veronica Lake waves actresses such as Jessica Alba and Jessica Chastain

braid crown, either (especially as temperatures continue to rise). Jenny Balding, styling and grooming expert at Cutler/Redken Salons, says to combine the She shows us how to create

sport on the red carpet, but

you just can't get over a dreamy

a modern version of the popular retro trend by adding an ohso-now braid to the mix.

"It's rock 'n' roll with the braid," says Balding. "And it's a way of getting the hair off your neck without having to do an updo.'

Bring on the outdoor weddings!





Chastain brings her red hot tresses to the red

- Create a deep side part.
- Blow out your hair with a big round brush to give it volume.
- Using a 1-inch barrel curling iron, curl your whole head, working from mid-length to the ends only. Hold the iron vertically and wrap small sections of hair around the barrel toward your face. Only when doing the front of the hair, or bangs, wrap your hair around the barrel away from your face. Balding uses Redken's Fashion Works 12 for texture and grip.
- Once the hair has cooled, use a boar bristle brush to gently brush out curls.
- Next, section off hair underneath the part. Working at an angle, French braid the section halfway down the hair. Tie the braid with a clear elastic, such as Snag-Free Hair Elastics from Sephora, and sweep it across your shoulder underneath the waves.













- Wash your hair the night before so it's clean but lived-in a little.
- Before starting, apply a volumizing lotion to the roots for body. Balding uses Redken's Rootful 06.
- For a polished finish, add a drop or two of argan oil from mid-length to ends.







Here comes the guide...

There are the stylish brides who wear the beautiful gowns and have their hair and makeup just so, and there are the stylish weddings, where everything from the bridal ensemble to the parting presents has the touch that makes it all seem special.

Vogue.com put together a wedding guide just in time for all those summer nuptials. The Associated Press asked editor Jessica Sailer Van Lith to put together a list of signs that the affair will be one to remember:

It's personal

The wedding, from beginning to end, should seem like it belongs to the bride and groom, not like they've plugged into someone else's dream.

They've gone local

Couples can embrace the place they were so thoughtful in choosing by offering touches of local cuisine, decor or music.

The bride looks like herself

She shouldn't look for a "perfect dress" because there are too many of those, says Sailer Van Lith. What a bride should want is the right dress, and from there it should be easy to pick everything that goes with it, she says.

THE ASSOCIATED PRESS

Fashion in a flash

There's a Rachel for that

Rachel Zoe is expanding her empire with a fashion app. The stylist/reality star/ designer has partnered with social gaming company Crowdstar to launch Covet Fashion, a game that allows users to style virtual mannequins with current-season designer duds. metro

metr⊕ **HOME**

Late '70s punk style hits home

Never had the courage to be a punk-rocker in high school? Well here's your change to add a bit of alternative attitude to your life; this time it's not in the form of your clothing, but your home. Think British flags, acid wash, skulls, neon, black and white. Punk decor is one of the most glamourous decorating trends happening today, so get with the trend this time around!



A mixmatched flag motif adds a bit of British punk to your floors. Hey Jack carpet tiles. \$18 each. FLOR.COM



Black, white and grunge all over; just add neon coloured sheets for a nunk vihe Graffiti 5-Piece Comforter Set \$70. HOMESENSE



Pricey but very designerpunk-chic! Porter Teleo's hand-painted Floral Graffiti Wallpaper, \$52 per square foot PRIMAVERA.COM



Shed some light punk-rock style, and paint the room all black while you're at it. Modern Switch's Skull Decor Light Switch Cover, \$11.





Mid-century modern gets the rocker treatment. Chichester Accent Chair. \$1,600.



A rebellious art school dropout now making it big. Suzanne MacRury's Black & Red Slash 36x60 mixed media painting, \$3,200, AGO, NET





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How to beautify your own backyard

Warm weather means spending more time outdoors, often in the company of friends and

Get your backyard ready for outdoor entertaining with a few helpful, budget-friendly tips from an all-new season of I Hate My Yard.

Cut away dead hanging limbs from your trees to prevent them from causing any damage during summer storms.

Trim any bushes that may be too close to the house as they can trap moisture and invite termites if left untrimmed.

Get healthy

Fertilize your lawn using a seed-fertilizer combination. Your lawn should be fertilized one to four times a year to maintain a healthy, attractive and more resilient yard.

Weed out the bad

Weeds can be an eyesore and can spoil the esthetic appeal of your backyard. While pulling weeds by hand can be labour intensive, it's a surefire way to eliminate them from your yard. Watering weeds before pulling them softens the ground around them and makes them easier to pull. Another option is to wait until after it rains to pull weeds, which will help to save on water usage over the sum-

Stay hydrated

Installing a sprinkler system can save you time and effort, while ensuring that your lawn receives an appropriate amount of water. Installing the system on your own can save you thousands of dollars in labour, keeping your lawn green and lush on a tight budget.

A sprinkler system can also prevent you from using an excess amount of water on your lawn during summer months when spikes in water usage are more common.

Touch it up

Repair and stain your outdoor wooden structures, includ-



We spend a lot of time outdoors in the summer, so make your backyard a beautiful place to be. ISTOCK IMAGES

ing any decks, fences, siding and furniture. This not only beautifies your landscape but also helps extend the life of

Light it up

Installing exterior lighting is an easy way to make warm evenings last even longer, while enhancing the esthetic appeal of your yard. Solar lighting is a popular option that can save on electricity usage — and electricity bills.

I HATE MY YARD AIRS THURSDAYS AT 10 P.M. ET/PT BEGINNING JULY 4 ON DIY metronews.ca
Thursday, June 27, 2013

FOOD 17

Tired steak kebobs, make room on the barbecue for a new Syrian twist



1. With a vegetable peeler, peel the eggplants lengthwise in strips, leaving strips of skin between each peeled strip. Then cut the eggplants into rounds 1 1/2 to 2 inches (4–5 cm) thick. Set aside.

- **2.** In a bowl, mix the meat, dakka and salt. Preheat the barbecue. Oil the grill well with vegetable oil. Make little meatballs about the same size as the eggplant rounds.
- 3. Skewer the eggplant rounds and meatballs alternately onto the skewers, slightly flattening the meatballs between the eggplant slices as you do so. Grill for 8 to 10 minutes on each side, until the eggplant is ten-

Ingredients

- 12 long, narrow eggplants
- 1 1/2 lbs (750 g) ground lamb or lean ground beef
- 2 tsp (10 ml) ground dakka
- 2 tsp (10 ml) fine salt

Dakka

Dakka is a mix of spices. In Flavours of Aleppo, dakka boasts allspice (40 per cent), ground black pepper (30 per cent), crushed cinnamon (10 per cent), whole cloves (10 per cent), whole green cardamom (5 per cent) and ground nutmeg (5 per cent).

der. Serve hot with pita and bell peppers or hot peppers.

4. For a softer flavour, precook the eggplant and meatball skewers on the barbeque. Remove the eggplant rounds and meatballs from the skewers and arrange them on a buttered baking dish. Dot with butter. Add 1/2 cup (125 ml) of water. Cover and bake in the oven at 350 F (175 C) for 30 to 45 minutes. Recipes printed with Permission from flavours of Aleppo: Celebrating syrian cuisine by dalal kadé-badra and elie badra (white-cap)

Cookbook of the Week

A unique cuisine



In Flavours of Aleppo: Celebrating Syrian Cuisine, Dalal Kadé-Badra and Elie Badra explore the cuisine of the country's second largest city.

Turkey, Greece, Armenia and the rest of the Levant have influenced Aleppian cuisine so the book includes versions of many classic Levantine dishes such as kabob, kibbeh (bulgar, onion and ground meat) and mezzes.

Also among the recipes are nearly 100 meat and vegetarian main and side dishes, barbecue bites, desserts, sweets and even drinks. METRO

Dessert. Biscuits Mille-Feuille

- **1.** Line an 8×8 -inch (20×20 cm) pan with plastic wrap, draping the wrap over the sides.
- **2.** In a pot, melt the chocolate on medium heat with the cream. Set aside half of the melted chocolate mixture and refrigerate.

3. Dip 10 biscuits in the coffee (making sure the whole biscuit gets dipped) and arrange in a layer on the bottom of the pan. Cover with a thin layer of chocolate. Repeat the biscuit and chocolate layers, making five layers and finishing with a biscuit layer. Bring the plastic wrap up over the biscuit

to cover the Mille-Feuille (use more plastic wrap if needed). Refrigerate for 4 to 6 hours.

4. Re-melt the remaining chocolate and cream mixture on low heat. Remove the plastic wrap and turn the Mille-Feuille upside down onto a serving plate. Pour the melted choco-

Ingredients

- 13 oz (400 g) 72% dark chocolate
- 1 cup (250 mL) 35% cream
- 60 tea biscuits (purchased)
- 3/4 cup (185 mL) strong espresso coffee or orange juice • raspberries, for garnish
- late overtop and decorate with raspberries. Let the chocolate



set and become cold before

servino

more meals in minutes

Visit metronews.ca



18 SPORTS metronews.ca Thursday, June 27, 2013

SPORTS I



Knuckleball breaks Blue Jays' backslide

MLB. Toronto pitcher in the zone vs. Rays, allowing only one batter past first base

R.A. Dickey baffled the Tampa Bay Rays again.

Dickey pitched a two-hitter for his first complete game of the year, Jose Reyes went 0-for-4 in his return from a twomonth layoff and the Toronto Blue Jays beat the Rays 3-0 Wednesday for their 12th win in 14 games.

"I just concentrate on trying to produce a good knuckleball down in the strike zone for a On Wednesday

Blue Jays

Rays

strike, and today I was able to do that," Dickey said. "Mechanically, I was very repeatable, and you saw the results. They were hitting a lot of ground balls, I had a high strike percentage, so that's what I'm looking for."

Dickey (7-8) retired his first 13 batters before James Loney grounded a single between shortstop and third base with one out in the fifth. Yunel Escobar had a one-out single in the sixth, then was erased when Matt Joyce hit a double-play grounder.

"Tremendous," Blue Jays manager John Gibbons said. "You could tell early on he had it going. That ball was dancing. Big break. We played a nice ball game and as good a game as you can pitch, I guess, unless it's perfect."

Dickey struck out six and walked one.

"He was really good, there's no question," Rays manager Joe Maddon said. "We didn't hit, I think, even one ball hard. He was just on top of his game."

Only one Tampa Bay runner — Desmond Jennings, who walked and stole second in the seventh — advanced past first hase

Adam Lind and Edwin Encarnacion homered for the Blue Jays, who had lost two in a row after tying their team record of 11 straight wins.

Reyes had been sidelined since severely spraining his left ankle sliding into second base during an April 12 game at Kansas City. "Everything felt the way that I expected," Reyes said. "I enjoyed being out there because I missed that for a long time." THE ASSOCIATED PRESS

Wimbledon

Tennis ace Federer trumped by 116thranked wild card

Seven-time champion Roger Federer was stunned by 116th-ranked Sergiy Stakhovsky in the second round of Wimbledon on Wednesday, his earliest loss in a Grand Slam tournament in 10 years.

The 27-year-old Ukrainian outplayed Federer on Centre Court, serving and volleying his way to a 6-7 (5), 7-6 (5), 7-5, 7-6 (5) victory that stands out as one of the biggest upsets in Grand Slam history.

Slam history.

"Magic," Stakhovsky
said. "I couldn't play any
better today."

The result capped a chaotic day at Wimbledon when seven players were forced out by injuries, and former champion Maria Sharapova fell in the second round to a qualifier. Seven former No. 1 -ranked players all departed the tournament Wednesday.

Hockey Canada

Sutter named Canadian juniors head coach

Bob Nicholson is looking to a familiar face to restore Canada's world junior hockey supremacy.

The president of Hockey Canada announced Wednesday the return of Brent Sutter as the head coach of the Canadian national junior team. The Red Deer Rebels coach, GM and owner will be joined by assistants Benoit Groulx and Ryan McGill at the 2014 world championship in Malmo. Sweden.

Canada last won it in 2009. THE CANADIAN PRESS

London's Hunter bros. take on new roles



London Knights head coach Dale Hunter has been named head coach of Canada's under-18 entry for this sum mer's Ivan Hlinka tournament in the Czech Republic and Slovakia.

Dominique Ducharme, head coach of the Halifax Mooseheads, and D.J. Smith, head coach of the Oshawa Generals, will serve as assistant coaches.

The team will gather in Toronto for a selection camp

in late July before heading to Europe for the Aug. 5-10 tournament. Canada has won the annual summer tournament five years in a row and 15 of the last 17 years.

Hunter's position with the team was announced Wednesday as Hockey Canada, in partnership with the Canadian Hockey League, also outlined changes to its Program of Excellence and the under-17 program.

Mark Hunter, Dale's

brother and the Knights' coowner/vice-president/general manager, has been named to a new management group that will oversee hockey operations for the Program of Excellence.

Changes to the under-17 program will include a national camp in 2014-15. The program will go to three national teams from five regional teams for the 2015 World Under-17 Challenge.

ANGELA MULLINS/METRO

See today's answers at metronews.ca/answers.

Horoscopes

Υ Aries

March 21 - April 20

You may not be able to explain why something feels right but you know better than to ignore your instincts. Creatively and romantically, you are entering a positive phase. Own it.

Taurus

April 21 - May 21

Don't worry too much about pleasing everyone today because chances are you won't succeed. Instead, decide what it is that needs to be done and just get on with it.

∐ Gemini May 22 - June 21

You would not be human if what you hear today does not bruise your ego, but you don't have to make a big deal of it. A week from now, it will have no meaning at all.

9 Cancer June 22 - July 23

Someone you do business with will offer you some sort of deal, one that could make you a lot of money. That's great but keep your wits about you because it may not be as wonderful as they would like you to believe.

Ω Leo

July 24 - Aug. 23

Venus, planet of emotional and material values, moves into your birth sign today and almost immediately your mood will improve. It will improve even more if you share your love of life with other people.

MP Virgo Aug. 24 - Sept. 23

Unexpected events could disrupt your plans over the next 24 hours but it's nothing to worry about. While Mercury, your ruler, is moving retrograde you would be wise to take nothing at face value.

△ Libra

Sept. 24 - Oct. 23 Venus, your ruler, moves into

the friendship area of your chart today, encouraging you to be even more outgoing. A social event could lead to new experiences and maybe even a new relationship.

M Scorpio

Oct. 24 - Nov. 22

Cosmic activity in one the best areas of your chart helps you believe all things are possible. People may say you are being overly optimistic but that's not how you see it — and how you see it creates your reality.

プ Sagittarius Nov. 23 - Dec. 21

There are many good things going on in your world, many opportunities waiting to be exploited. So why are you hesitating? There will never be the perfect time to take action, there will only ever be now.

17 Capricorn

Dec. 22 - Jan. 20

Someone will make you a tempting offer and although you may want to take it, you can't help thinking there is a catch. Don't worry - there isn't.

Aquarius

Jan. 21 - Feb. 19

Partnerships of all kinds are under good stars today, so if there is someone you want to get close to, one-to-one, now is the time to make your move. You're not as dispassionate as some people say. Prove it.

H Pisces

Feb. 20 - March 20

No matter how much of an expert you are, there will always be someone who knows more than you. The planets suggest you will meet such a person today. Learn something new. SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Theo , "Canadian Idol" Season 6 winner 5. "You can ___ horse to water..."

10. Jiffs

14. Norwegian king, variantly 15. Go on

Jenny Craig, say) 16. Birthstone

17. Saskatchewan's CFL team's website,

.com 19. Greek salad

cheese 20. Tidy up again

21. Kick up a fuss 23. Birth-related

24. Singer, Billy Ray _

25. Bee participant 27. Resounded

31. Boundary lines

Tonk Women" by The Rolling Stones 34. Stoker of scary

stylus 38. Son of The

41. Type of headache 43. MP from New-

45. Plum ___, Manitoba

device, say

51. Houston's home

57. 1967 Sam & Dave

59. CEO's "Quick!"

Munsters 40. Summers: French

foundland, Scott

47. One holding the retractable measuring

53. People: German 54. Filing

hit: 2 wds.

Yesterday's Crossword

60. Michael J. Fox's (Director Martin) "Back to the Future"

(1985) role: 2 wds. Down 62. "_ (1999) _, Interrupted"

63. Carpentry tool 64. Caddie's pieces

65. Not difficult 66. Uptight

67. 'Scor' add-on

63

1. Unit of pressure 2. Martians

3. Like a Marx Brothers comedy

4. Slender

5. "O Canada" music composer, Calixa

(b.1842 - d.1891)

6. __.-_Chief (News-paper job) 7. Garlic: French

8. Actress, Julie 9. Pied- - (Temporary housing)

10. Type of tap

dancing

11. Bit of the French

part of "O Canada": "Car ton bras sait porter l'__ / Il sait porter

la croix!' 12. Some pets

13. Blinds strip 18. Domain

movies

22. "Band-Aid ..quick!" 24. Lists at the end of

26. Approx. take-offs 28. Ottawa's prov. 29. Make money =

30. Prefix to 'functional' 32. Earth's crust layer

out a living

34. Particular letters for a grad 35. Summer Olympics

site in 2016 36. Babylonian sky aod 37. In math, do this: x

39. Company's worker 42. Visible 44. No-__-

midge) 46. Excused from

48. Fines 49. Money-from-the-

wall charge: acronym + wd. 50. Tennis great Mr.

Fraser's 52. Charles Dickens novel, __ of Two Cit-

ies: 2 wds. 54. Coop 55. __ Minor

56. Pubs 57. Catch trains at them, for short 58. NASDAQ rival

61. Sprinted

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

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Today 26 / 16 Thundershowers



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